



The veterans physical health and  
wellbeing service for those who  
have served in the UK Armed  
Forces

## What is Op RESTORE?

Op RESTORE: The Veterans Physical Health and Wellbeing Service is an NHS service that supports individuals who have served in, or are leaving, the UK Armed Forces and have continuing, physical health injuries and related medical problems attributed to their time in the Armed Forces.

## Who is Op RESTORE for?

It does not matter when the physical health injury or related medical problems occurred or how long ago you left the Armed Forces, Op RESTORE can help you if:

- you have served at least one day in the UK Armed Forces
- you are soon to leave or are in the process of leaving the UK Armed Forces
- you have sustained a physical health injury that was attributable to your time in Service regardless of when that happened
- you have ongoing medical problems related to the physical injury sustained in Service
- we have received a clinical referral from your GP.

## How can I get help?

Ask your GP to refer you to Op RESTORE – we can then create a plan for you using clinical information from your medical records.

**Your GP can get a referral form by emailing:**  
**[imperial.oprestore@nhs.net](mailto:imperial.oprestore@nhs.net)**

**Visit [oprestore.nhs.uk](https://oprestore.nhs.uk) for more details**

